

MODULE FIVE: CRISIS MANAGEMENT



Overview:

This module is focused specifically on the development of safe and effective crisis management plans – to be considered whenever student behaviors escalate into the acceleration phase. This includes consideration of adult behaviors to increase safety.

Big Ideas:

1. *Teach Standard Consequences During the Calm Stage*
 - *Build and maintain a positive relationship during instruction*
 - *Knowing consequences ahead of time allows the teacher to provide the student with a choice*
2. *Non-confrontations Detachments*
 - *Remain Detached*
 - *Do not show emotion; be concrete and direct*
 - *Use a calm monotone voice and avoid direct eye contact*
 - *Show concern for student with reminders*
 - *Maintain Non-challenging Proximity*
 - *Keep some movement - avoid hovering*
 - *After reminding student of choice -turn away or walk a short distance slowly*
 - *Talk to other students*
 - *Turn back after several seconds*
 - *Don't challenge or demand an answer – no answer is the same as saying "no"*
3. *Room Clear*
 - *Move all students and triggers out of sight of a student who is escalating*
 - *Help move student into the de-escalation phase*
 - *Do not provide student with attention after room clear*
 - *Practice it and have it routine*
 - *Ensure students who leave the room are monitored*
4. *Be Prepared: Crisis Planning*
 - *Plan ahead*
 - *Involve all adults when planning for crisis and discuss effective responses to escalating behavior*
 - *Ensure all understand policy regarding physical restraint*
 - *Have an agreed upon signal for quick assistance*
 - *A code word on the phone or radio*
 - *A colored card that a student carries to others*
 - *A physical gesture to others*

Activity:

In your group, discuss how you could expand these discussions of effective responses to crisis behavior across your entire school.

- Detachment?
- Proximity?
- Relationship with Student?

Task:

Between now and when you meet for the next module, Think through the quality of your school's crisis management plan and whether the components discussed here have been sufficiently discussed and put into place.

- Be prepared to propose solutions for any shortcomings you identify.
- You'll have time to debrief on this at the beginning of the next module.