

## Kansas MTSS Preschool Social Emotional Intervention Ideas



### Tier 1

#### Curricula

- Choosing a Comprehensive or Social Emotional Learning Curriculum –
  - Head Start Preschool Curriculum Consumer Reports  
<https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/teaching/practice/curricula>
  - Social Emotional Preschool Curriculum Consumer Report -  
<https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/teaching/docs/curriculum-report-se.pdf>
- Second Step Early Learning - <http://store.cfchildren.org/second-step-early-learning-kit-p293.aspx>
- PATHS Preschool/Kindergarten Classroom Module - <http://www.channing-bete.com/prevention-programs/paths/paths.html/>
- Incredible Years Classroom Dinosaur Curriculum - <http://incredibleyears.com/programs/child/classroom-curriculum>
- I Can Problem Solve - <https://www.researchpress.com/books/590/icps-i-can-problem-solve>
- Als Pals: Kids Making Healthy Choices - [www.wingspanworks.com](http://www.wingspanworks.com)

#### Evidence-Based Instructional Practices

- Predictable schedules (visual)
- Visual supports
- Establish and teach Routines
- Explicit instruction of behavioral expectations
- Explicitly teach peer-related social skills
- 4:1 Behavior specific praise
- Active supervision
- Opportunities to Respond - <http://ebi.missouri.edu/wp-content/uploads/2016/05/OTR-EBI-Brief.pdf> or <http://ebi.missouri.edu/?cat=10>
- Balanced Schedule (teacher directed/child initiated)
- Embed choice into activities
- Intersperse difficult non-preferred tasks with easy or preferred tasks
- Classroom Visuals and Supports [https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/teaching/practice/engage/class-visuals.html?utm\\_medium=email&utm\\_campaign=ECDTL%20Disabilities%20Newsletter%20Issue%202&utm\\_content=ECDTL%20Disabilities%20Newsletter%20Issue%202+CID\\_4319e13178465fcf2df231e03b06b183&utm\\_source=CM%20Eblast&utm\\_term=Classroom%20Visuals%20and%20Supports](https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/teaching/practice/engage/class-visuals.html?utm_medium=email&utm_campaign=ECDTL%20Disabilities%20Newsletter%20Issue%202&utm_content=ECDTL%20Disabilities%20Newsletter%20Issue%202+CID_4319e13178465fcf2df231e03b06b183&utm_source=CM%20Eblast&utm_term=Classroom%20Visuals%20and%20Supports)
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## **Tier 2**

### **Chronic absenteeism preschool**

- Resources
  - [http://www2.ed.gov/datastory/chronicabsenteeism.html?utm\\_content=&utm\\_medium=email&utm\\_name=&utm\\_source=govdelivery&utm\\_term=](http://www2.ed.gov/datastory/chronicabsenteeism.html?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=)
  - <http://www.urban.org/sites/default/files/alfresco/publication-pdfs/2000083-Insights-into-Absenteeism-in-DCPS-Early-Childhood-Program.pdf>
  - [http://ceelo.org/wp-content/uploads/2016/02/ceelo\\_fastfact\\_state\\_ece\\_attendance\\_2016\\_02\\_01\\_final\\_for\\_web.pdf](http://ceelo.org/wp-content/uploads/2016/02/ceelo_fastfact_state_ece_attendance_2016_02_01_final_for_web.pdf)
  - <http://www.edweek.org/ew/articles/2015/03/18/districts-work-with-families-to-curb-pre-k.html>

**Personal Development** (Safety and Self-Management – recognize one’s emotions and one’s strengths and limitations. The ability to regulate one’s emotions, thoughts and behaviors)

- Check in-Check Out (CICO) - <http://www.pbisworld.com/tier-2/check-in-check-out-cico/>
- Self-monitoring - <http://ebi.missouri.edu/?s=self-monitoring>
- Banking Time- <http://www.lookconsultation.org/resources/BankingTime-Resource1.pdf>
- Family Education
- Providing Choice (PTR-YC)
- Intersperse difficult or non-preferred task with easy or preferred task (PTR-YC)
- Self-regulation
  - Tucker the Turtle – [http://challengingbehavior.fmhi.usf.edu/do/resources/teaching\\_tools/ttyc\\_updated\\_toc.html](http://challengingbehavior.fmhi.usf.edu/do/resources/teaching_tools/ttyc_updated_toc.html)
  - Belly Breath Song <https://www.youtube.com/watch?v=mZbzDOpylA> Sesame Street
  - Sit and Watch - <http://ebi.missouri.edu/?cat=10>
  - Conscious Discipline Breathing strategies
- Scripted Stories - [http://challengingbehavior.fmhi.usf.edu/do/resources/teaching\\_tools/ttyc\\_updated\\_toc.html](http://challengingbehavior.fmhi.usf.edu/do/resources/teaching_tools/ttyc_updated_toc.html)

**Social Development** (interpersonal skills – empathize with others, emotional literacy, establish and maintain relationships, friendship skills)

- Check in-Check Out (CICO) - <http://www.pbisworld.com/tier-2/check-in-check-out-cico/>
- Friendship/Play skills
  - Super Friend - <http://csefel.vanderbilt.edu/resources/strategies.html#teachingskills>
- Reinforce desirable behavior (PTR-YC)
- Communication Skills (PTR-YC)

- Emotional literacy  
[http://challengingbehavior.fmhi.usf.edu/do/resources/teaching\\_tools/ttyc\\_update\\_d\\_toc.html](http://challengingbehavior.fmhi.usf.edu/do/resources/teaching_tools/ttyc_update_d_toc.html) and  
<http://csefel.vanderbilt.edu/resources/strategies.html#teachingskills>
- Scripted Stories -  
[http://challengingbehavior.fmhi.usf.edu/do/resources/teaching\\_tools/ttyc\\_update\\_d\\_toc.html](http://challengingbehavior.fmhi.usf.edu/do/resources/teaching_tools/ttyc_update_d_toc.html)

**Character Development** (responsibility and decision-making – make choices, social norms, problem solving)

- Individual schedules  
[http://challengingbehavior.fmhi.usf.edu/do/resources/teaching\\_tools/ttyc\\_update\\_d\\_toc.html](http://challengingbehavior.fmhi.usf.edu/do/resources/teaching_tools/ttyc_update_d_toc.html)
- Conflict resolution
  - Solution Kit  
<http://csefel.vanderbilt.edu/resources/strategies.html#teachingskills>
  - Problem Solving Steps  
<http://csefel.vanderbilt.edu/resources/strategies.html#teachingskills>
- Scripted Stories -  
[http://challengingbehavior.fmhi.usf.edu/do/resources/teaching\\_tools/ttyc\\_update\\_d\\_toc.html](http://challengingbehavior.fmhi.usf.edu/do/resources/teaching_tools/ttyc_update_d_toc.html)

### Tier 3

- Prevent-Teach-Reinforce for Young Children -  
<http://products.brookespublishing.com/Prevent-Teach-Reinforce-for-Young-Children-P659.aspx>
- Functional Behavior Assessment -  
<http://csefel.vanderbilt.edu/resources/strategies.html#toolsplans> OR  
[http://www.ideapartnership.org/documents/ASD-Collection/asd-dg\\_Brief\\_FBA.pdf](http://www.ideapartnership.org/documents/ASD-Collection/asd-dg_Brief_FBA.pdf)
- Mental Health Supports

### Other Resources

- Evidence Based Intervention Network - [http://ebi.missouri.edu/?page\\_id=227](http://ebi.missouri.edu/?page_id=227)
- Technical Assistance Center on Social Emotional Intervention (TACSEI)  
<http://challengingbehavior.fmhi.usf.edu/index.htm>
- Center on the Social and Emotional Foundations for Early Learning (CSEFEL)  
<http://csefel.vanderbilt.edu/>