You are not alone!

Families Together, Inc. is here to assist you whether you are just starting out or experiencing a challenge along the way. We provide assistance regarding early intervention, education, health care, transitions, and community resources to support the academic, behavioral, social, emotional, and mental well-being of children, youth, and families.

- **She is struggling in school.**
  - We can help you understand the special education process.

- **What will he do after high school?**
  - We are here to help you and your youth navigate the transition to adulthood.

- **My child has a disability.**
  - We understand and are here to listen.

- **Are there resources to help at home?**
  - We can connect you with resources in your community.

- **He is being bullied.**
  - We can provide tips and tools on dealing with bullying.

- **No one understands.**
  - We can connect you with another parent who has similar experiences.

- **She was suspended.**
  - We can help you learn about positive behavioral supports.
About Us
Families Together is Kansas’ federally designated Parent Training & Information Center (PTI) and Family-to-Family Health Information Center (F2F). We provide support for families and their children who have disabilities, and/or special health care needs.

Our Parent-to-Parent program matches parents who have experience raising a child with a disability with parents who need someone to listen, encourage and support them.

How do I start?
Contact one of our centers
Topeka - (800) 264-6343
Garden City - (888) 820-6343
Wichita - (888) 815-6364
Spanish - (800) 499-9443
contactus@familiestogetherinc.org
www.familiestogetherinc.org

How can Families Together help me?
Families Together staff provides families with training, resources, and tools in order to become empowered advocates with and for their sons and daughters.

What can I expect?
By contacting Families Together, you’re taking a step toward finding more support for your family.
Our staff are parents and/or family members of individuals who have disabilities themselves; we understand what you are experiencing and are ready to help.

Programs and Services for Families
- Services are free to families that include a child/youth with learning, behavioral, physical, emotional, and/or health challenges.
- Individualized assistance and support to families throughout their child’s journey birth through age 26.
- Training and resources for transition age youth (14-21) related to college, employment and independent living.
- Safe and confidential support that will help families brainstorm and problem solve.
- Assist families and professionals to understand the complex systems of early intervention, special education, community service and health care systems.
- Workshops and training to increase advocacy skills and strengthen family-school partnerships.
- Connect families and youth to agencies, organizations, and community resources.
- Match parents who have experience raising a child with a disability with a parent who needs someone to listen, encourage and support them.

Organizational Notebooks
Families Together provides many resources and services at no cost, in both English and Spanish, on these topics and much more:
- Special Education Services
- Multi-Tier System of Supports (MTSS)
- The Individualized Education Program (IEP)
- Advocacy
- Family-School Partnerships
- Infant-Toddler and Early Childhood
- Transition to Adulthood

- Encouraging
- Educating
- Empowering